

SUPPORTING SEL DISCUSSIONS

DISCUSSING LOSS

Relationships and Emotions:

- How does the masquerade festival help the characters feel connected to those that are not around?
- Can you share a time you felt connected to someone who is no longer around?

Empathy and Compassion:

- How do the characters show empathy with each other when feeling sad over the loss of someone?
- Can you share a time you were empathetic to someone?

Understanding Loss:

- How does celebrating the memories of loved ones make the characters feel?
- How do they handle the loss of their loved ones?

Managing Grief:

- How do the characters' emotions change with the dance started?
- What are some ways to lift your spirits when feeling sad?
- What are some of your favorite memories with loved ones?

SUPPORTING EACH OTHER

Memory Sharing

- What did grandpa used to say about the masquerades?
- The little girl's family all brought grandpa's favorite things with them. Do you have any keepsakes of your loved one?
- Little girl's favorite memory was to dance with her grandpa. Do you have any favorite memory of your loved ones?
- At the festival, the family all reminisced about grandpa. Why is it important to share our happy memories of our loved ones?
- The girl remembers many things her grandpa taught her. What is something important you have learned from a loved one?

SHARING ACTIVITY

Empathy Activities:

- Have students share stories about loved ones in a memory-sharing circle.
- Celebrate and remember special people or pets by sharing your favorite activities.
- Have students write about a time they felt comforted by someone and how that made them feel.